

## Sunday School On-Demand - Oct. 10

### Getting Ready:

You will need:

- internet access for activity/song link
- Spark Story Bible or Connect Bible or other family Bible.

### What is Faith5?

Faith5 is a simple faith practice that can be done at bedtime, after a meal, or at a special time for quiet each day. Faith5 includes five simple steps:

1. Share your highs and lows
2. Read a Bible verse or story
3. Talk about how the Bible reading might relate to your highs and lows, or what you heard that feels important
4. Pray for one another's highs and lows
5. Bless one another

### October 10 Lesson:

#### ***Big Beginnings: Genesis 2:4-25***

*God always loves us...and gives us a special purpose.*

Gather everyone in a comfortable spot and get settled in.

1. Invite each member of your family to share their highs and lows for the day. You can use the words blessings and bummers instead. Someone might choose to pass or not have anything to share, and that's ok.
2. Read the text found in **Genesis 2:4-25** on page 7 in the *Connect Bible*, or read **Adam and Eve** from the *Spark Story Bible* (page 8).
  - a. Extra Questions to talk about:
    - i. Since we are made in God's image, what could that tell us about God?
3. Talk about the story taking turns offering what you heard that relates to high/lows or what felt important.
4. Pray for one another's highs and lows. These words can help you get started - "Dear God, we worry a lot about who is best and what is fair. Did we win a race or get the best test score? Did we get the same as others? Should we have gotten more because we think we worked harder? Should they have gotten more? Please help us think about how important it is to be generous with others, because God is so generous with us. Thank you for (blessings). Today, please help me with (bummers). Please help me share your love and generosity with everyone I meet, today and every day. Amen."
5. Bless one another. Take turns making the sign of the cross on each other's foreheads, saying simply, "God loves you and so do I."

**Memory Verse for Unit 1:** Ephesians 3:18 *"And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is."*

### Extra Ideas:

- Unit Theme Song - [Yancy: I can count on God](#)
- Fun Exploration activities to help expand our learning: [PDF Link Here](#)
- [Take Home Flyer](#): Includes some extra content for family conversation

